

## Checklist:

□use letters and numbers
☐use a minimum of 8 characters
□don't contain any personal information
□use characters like brackets, &, or %
☐use a mixture of capitals and lowercase letters
☐ use a sentence or a line from a song instead of just one word
□will be easy for me to remember
□I have different passwords for my online accounts

 $\Box\, I$  will change my passwords again within the next 6 months